

SQ3R

Definition of SQ3R

This is a method students use to read textbooks and attack textbook assignments, and it usually works for most learners.

“When college students do not use a system for reading textbooks, they have greater difficulty gathering and learning information from texts.”

What does SQ3R stand for?

Survey, Question, Read, Recite, Review

Steps for SQ3R

Survey

The purpose of surveying is to give students the chance to overview the chapter in the textbook. One doesn't want to spend much at this step. Try to spend at least 1–2 minutes. Here are some pointers one wants to look at while surveying: the headings, **bold** print, *italics*, charts, graphs, end-of-the-chapter questions, chapter summaries, and the chapter highlights.



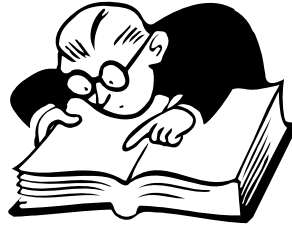
Question

The purpose of questioning is to give students the chance to make up questions out of headings and subheadings from the chapter in the textbook. This allows the student to gain an understanding and not forget what was just read from the chapter.



Read

After one has surveyed the chapter and made out questions, one is now ready to start reading the chapter. A key factor one deals with while reading is called blank mind syndrome – which means having difficulty remembering what has been read. In order for one to get answers to their questions, one has to read.



Recite

In order for one not to forget information, the most important step to take is to recite aloud. Three steps can be used during this step. They are: (1) look at the questions made from the previous step, (2) without looking at your questions, try reciting the answers aloud, and lastly (3) one should check their answers. Another way one can recite is to write an answer down as if one were taking an exam, then go back and check your notes for accuracy.



Review

The last step of the SQ3R process is to review material. The purpose of reviewing is to achieve chapter unity. When one reviews, it allows one to put the material back together again. Review means regular and frequent recitation of the material needed to be learned. One should review notes at least every 2 to 3 days as a memory check.

